

8266 Jupiter Drive

Mechanicsville, VA 23116

Phone: (804) 746-7720

Lower Lingual Arch Appliance

The lower lingual arch appliance is designed for space management and rotation of molars if needed.



Problems: There will be some general soreness when a lower lingual arch

appliance is placed. Tylenol or Advil can be taken if needed.

Appliance Home Care: Brushing your teeth over and around the appliance and after each

meal will dramatically improve oral hygiene. It may be necessary to forcefully swish mouth rinse to remove food from behind the teeth and the appliance. Rinse very well with a fluoride mouth

rinse to prevent decalcification around the appliance.

Check: Check your appliance (gently) from time to see if it is

loose. If the appliance becomes loose please contact the office at your earliest convenience to schedule an appointment. If the seal has been broken between the band and the tooth, this will then allow decalcification and decay to occur under the band after a

period of time.