

8266 Jupiter Drive

Mechanicsville, VA 23116

Phone: (804) 746-7720

## FORSUS TM

Today a special spring appliance has been installed onto your braces as part of an overall treatment plan prescribed by your doctor.

The Forsus appliance is specifically designed to help move your teeth to the recommended position by your doctor. In some cases, this may help reduce the need for headgear or extractions of permanent teeth. It works around the clock using continuous force to provide efficient treatment time.

The Forsus appliance is designed to withstand intraoral forces and the constant use of the jaw that can lead to breakage. Like all orthodontic appliances, it can be damaged or broken, especially if appropriate care is not taken. Here are some easy tips to ensure that your experience wearing the Forsus appliance is as efficient and trouble free as possible.

## **Reminder Checklist:**

- □ The Forsus appliance will accommodate normal mouth opening for eating and speaking. It is recommended, however, that you try not to open your mouth extremely wide while you are wearing your appliance. Otherwise, it may deform, separate or loosen a molar band, which would require a return visit to our office.
- □ The appliance is designed to stay away from your teeth when you open or close your mouth. If it does happen to get between your teeth, do not bite on it. Biting on the appliance may cause the appliance to break or cause injury to the inside of your mouth. Please call us if this problem occurs at your earliest convenience.
- □ As with any orthodontic appliance worn inside the mouth, some discomfort or irritation may occur. Call us if discomfort or irritation continues or if a sore develops in your mouth.
- □ Always be careful about what you eat. Avoid hard or sticky foods and be sure to cut your food into smaller pieces. Brushing is ALWAYS recommended after every meal. Take special care when brushing your teeth to avoid dislodging or separating the appliance.

